

— THE DISH —

STL Dining & Nightlife Updates, *Delivered Fresh*

8 STL Chefs You Need To Know

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Meet eight local chefs that continue to revolutionize the St. Louis food scene.

Eat Like a Champion

Growing up in St. Louis, Larry Gerstein's creativity in the kitchen started while his parents were out and he was stuck at home with the babysitter. Now the culinary mind behind Championship Catering, he continues to be rewarded with clients like the Cardinals and Verizon Wireless Amphitheater. A steak and potato lover who enjoys an occasional bowl of Lucky Charms, Gerstein's favorite item to cook with—eggs.

"Years ago, I made my name by offering a made to order omelette bar to both Cardinal and Rams players," he says. "There is nothing else like creating a great meal, fresh, right in front of the client."

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